

Hawm txug tug kws npaj tseg lawm:

Yuav kuas nkaag tau rua huv tshaaj leej I kev them nyaj rov qaab, los sis yog koj xaav kuas them nyaj rov qaab rua tej zaub mov kws ua rua koj cov mivnyuas tau noj kws zwm rua huv Tseemfwv saib txug phaab Kev Cog Qoob Cog Loos (U.S. Department of Agriculture (USDA)) teg dlejnum nrig txug Pub Zauba Mov Paab rua cov Mivnyuas yau hab Cov Laug noj (Child and Adult Care Food Program (CACFP)), koj yuav tsum ua kuas tav dlaim ntawv, kus koj lub npe rua hab xaa Dlaim Ntawv Thov Zauba Mov Noj nuav rov qaab rua peb.

Tsim kuas Tau Txais kev Paab nvob rua huv Tshaaj Leej I siv koj lub tsev ua chaw zuv mivnyuas:

Yog yuav xaav kuas tau txais kev kev paab sab dlua le tshaaj leej I them nyaj noj mov kws tau paab rua cov mivnyuas kws tau sau npe nyob rua huv koj lub tsev kws ua chaw zuv mivnyuas, koj yuav tsum:

Peb lub tsev ua dlejnum maam le saib xyuas saib koj puas muaj feem tau txais rua tshaaj leej I zuv mivnyuas huv tsev lawv le kws koj tau teev lug tseg rua huv dlaim Ntawv Thov Zauba Mov Noj. Yuav xaav kuas tau txais kev them nyaj rov qaab lawv tshaaj leej I nyob rua huv kev noj haus lug ntawm tej tug tuabneeg xaav tau koj yuav tsum:

- cev hab kus koj lub npe rua Dlaim Ntawv Thov Zauba Mov Noj;
 - ncu nroov has tas koj yuav tsum qha rua peb taag taag txug koj tsev tuabneeg cov nyaj kws khwv tau lug, tsi yog tsuas yog qha peb txug cov nyaj tau lug ntawm koj siv koj lub tsev ua chaw zuv mivnyuas xwb;
 - Npaaj kuas muaj ntawv txhij txhua has txug koj cov nyaj kws khwv tau saib koj puas muaj feem tau txais lawv le tej tug tuabneeg muaj qhov xaav tau tag; hab
 - Cim rua lub nyuas yeej plaub faab nyob rua phaab #5 kws qha rua peb paub has tas koj siv koj lub tsev ua chaw zuv mivnyuas hab taab tom thov saib puas tau txais kev paab nyob rua huv tshaaj leej I.

Txuj kev cai lij choj tso cai kuas peb tshuaj txug tej nyaj kws koj khwv tau lug nyob rua huv Dlaim Ntawv Kws koj Sau. Thov koj rau koj tej ntaub ntawv kws has txug koj khwv nyaj le caag lug nrug rua huv Dlaim Ntawv Thov Zauba Mov Noj. Yog has tas koj siv koj lub tsev ua chaw zuv mivnyuas xyoo taag lug nuav, thov koj zum ib dclaim ntawv kws tau nyaj se rov qaab lug tseb nua ntxiv rua dclaim Schedule C. Tej zag cov ntaub ntawv has txug cov nyaj kws khwv tau lug muaj ntxiv le huv qaab nuav.

- Cov tw ntawv kws qha has txug txhua tug tswv cuab huv koj tsev tuabneeg ua num tau nyaj npaum le caag, los loov rua koj tug quaspuj los sis tug quasyawg;
 - zum dlaim ntawv kws koj them se xyoo taag lug nuav qha tseeb txug koj ua num tau nyaj npaum le caag;